



Guards your loved ones

BODYGUARD XS ONE

User Manual



We are always here for you

Before sending the device, it is possible to contact us and have it set up so that it is already fully functional.

Once the equipment is put into operation, we provide free support for the entire period of use of the device.

This user manual serves as a guide. The user manual contains a description of the product's features, how to use, and the operating procedure. Read the user manual carefully to get the best experience and avoid unnecessary damage. Keep this manual for future reference.

If you have any questions or comments about the device, do not hesitate to contact the customer service, we will be happy to explain everything to you.

✉ info@bodyid.com

Up-to-date contacts can always be found on www.bodyid.com.

Importer: BodyID.com, Tomáš Obr, ID: 68291132, Přecechcnova 2500/36, Prague 15500, Czech Republic, www.bodyid.com

How to get started

Preparation before commissioning the system

Check that all accessories are included in the package.

- Instructions for use
- Charging USB cable
- Flat Plastic Tool

Adapter note: We recommend using the power adapter (5V/1A). **Do not use faster adapters/fast chargers.** In this case, the device may go to sleep to protect the battery, or damage may occur device. Remember that "fast chargers" damage the batteries of most devices and shorten their lifespan.

Follow the steps below to prepare your SIM card.

- The SIM card must be NANO size (see image below).



- **The SIM PIN code must be deactivated.** The PIN can be deactivated by inserting the SIM card into the mobile phone.
- In order for the device to work properly, the SIM card must have internet and call services activated.

Note: The average data consumption of the device is about 60-80 MB per month. Make sure the SIM card is fully compatible with the 4G network.

Note: If there is no active data plan or there is not enough money on your prepaid card, the **devices will quickly run out of power if you try to establish the appropriate connection repeatedly.** Location and communication services are not available.

Fully charge your device using the supplied USB cable plugged into the power adapter. As mentioned above, don't use your laptop's fast charger or USB port to charge! After a while, the screen will automatically turn on and you will see the charging indicator. **Charge the**

device to a full charge before using it for the first time. You can tell when it's fully charged when both lights are on at the same time and not flashing.

Inserting a SIM card into your device

Before you insert the SIM card into your device, make sure it's turned off. You can long press the SOS button to turn it off. Insert the SIM card in the direction shown in the figure below. Use the provided flat tool to push the SIM card into the device until it clicks.



Turning on the device

After the device is fully charged and the SIM card is inside, you can long press the SOS button to turn on the device. It takes about three minutes to retrieve a GSM or GPS signal. It is possible that the GPS signal will not be read inside the building. We recommend that you remove the device before using it for the first time.

Get to know your device



Pairing with the app

Download the Beesure GPS app

Full functionality and all device settings are available in the **Beesure GPS** app. Use the following QR code to download the app or search for **BeeSure** in Google Play (Android) or App Store (iPhone).



Register your device

After installing the app, you will be asked to register. Enter your email, verification code, and come up with a password. Once registered, start pairing your devices. Scan the QR code with the registration code or enter the registration number. The registration number and QR code can be found on the back device or app. After that, you can log in to the app again and start using all its features.



Tap this option and scan the QR code from the registration code label (included) or enter the code displayed below the QR code.

Note:

1. Scan or manually enter the 15-digit registration code (QR code on the back cover device)

2. Fill in the nickname of the device (wearer).



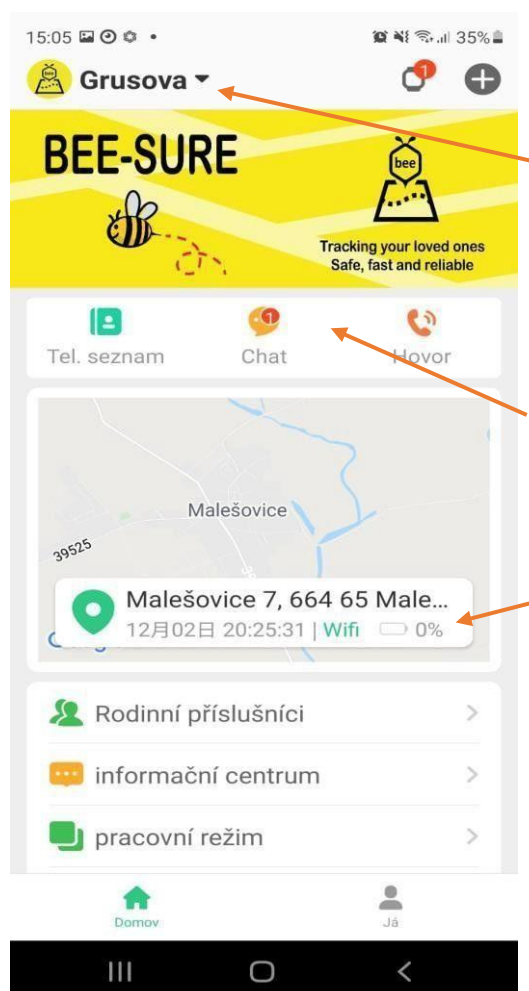
3. Select your role.
4. You can fill in the phone number of the SIM card on your device, but if you don't already know it, it's not necessary. It is not necessary to add the phone number later. It's just for information. The registration code is a 15-digit QR code, not an IMEI barcode.
5. The device registration code is used to bind the device.
6. You can also add other devices to the app and switch between them if you change your mind in the future. You decide to get another device and have them all in one app.

Device Functions

All settings are available in the Beesure GPS app or directly in the menu of your device.

Application menu

All of the settings below and other settings can be selected in the Beesure GPS app.



By clicking on the name of your device, you can choose from a list of devices in case you are using more than one device.

Quickly access contacts, voice and text messages, and direct device dialing.

Easily check the last location update of the monitored device on the home screen.

Location Services

When using the device for the first time, we recommend that you test the device outdoors to ensure proper synchronization with the GPS position from satellites and to get the correct local coordinates in Beesure GPS. Tracking the device will be more accurate when you put it back in later.

If you control multiple devices in the Beesure GPS app (maximum 50 devices per account), you must log out and log back in. All settings will

the capabilities of each device.

be automatically updated taking into account

The device can track location in three modes:

- Normal mode (once every ten minutes)
- Power saving mode (once an hour)
- Tracking mode (once per minute)

The selected mode affects battery consumption. For a basic overview of your loved one's location, we recommend using longer update frequencies to ensure longer service for your loved one.

device without charging. In power saving mode, the device's battery life is about two to three days, in normal regimen for about a day.

After clicking on the map on the main screen of the Beesure GPS app, you will see the location of your device. You can check when this location was last updated and what type of location service was used (GPS, WiFi, or LBS).

By pressing the manual location button (green marker as seen in the screenshot below), you can manually reset the location in real-time. First, you'll get a quick update with GPS, and after less than a minute, you'll get a more accurate GPS location if available. If your device is not receiving a GPS signal, only the LBS location will be displayed.



Device List

Location of the selected device

My Location (location of the phone with the app) Setting a Safety Zone Device

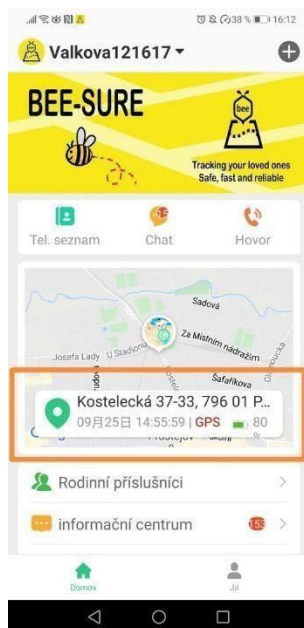
Tracking History Change

Map Type

Update your location manually

Detailed information about the status of the device (location address, last time localization, battery status)

Types of location services used by the device



This device uses GPS, Wi-Fi, or LBS (GSM Network) for location services.

- **GPS** determines the location with an accuracy of up to five meters. Accuracy depends on the GPS signal, which may be attenuated in environments with tall trees or buildings. The GPS signal is usually not available when the device is inside.
- **Wi-Fi Location** uses nearby Wi-Fi networks to determine its location, which is based on a location listed in a public list of Wi-Fi networks.
- **LBS** uses the GSM network and depends on the density of your mobile operator's signal towers in your location. It is usually very inaccurate, and in some areas, the location displayed by the Beesure GPS app may vary from 200 to 500 meters.

Please review the important information below about using Location Services:

- If you only want to see the exact location of your device, you can turn off the use of LBS in the Beesure GPS app. Please note that the device will only use GPS, which is not available indoors. This means that the device will only track changes in position outdoors.
- If the device stops moving or shaking, the location service automatically activates standby mode to conserve battery. The device automatically updates your location only when you're wearing your device and you're moving.
- If you wear the device on your wrist and move around with it, there is a high probability that even in buildings you will capture the exact location at least via a Wi-Fi network if there is no GPS signal available.
- Wi-Fi location depends on the data entered by the Wi-Fi network administrator. It can be inaccurate if the Wi-Fi network administrator does not display the correct information about its Wi-Fi location. This feature cannot be affected by the device.

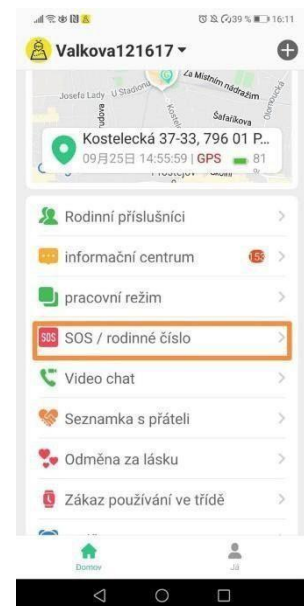
If the position of the device wearer seems suspicious for a long time, call the device to verify that everything is in order.

Safety features

SOS call

You can set up to three different SOS numbers in the Beesure GPS app. After a long press of the SOS button, the device will automatically dial the numbers in the selected order. If no one picks up the phone, the device will try again after 30 to 40 seconds. In this way, each number can be dialed up to twice. You can also set up SMS notifications (see below) with SOS call information.

Note: When the device's battery is low, all functions are disabled and the touch button does not work to conserve the remaining battery capacity for SOS calls.

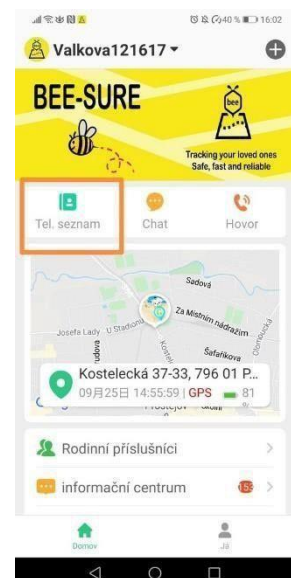


SMS Notifications

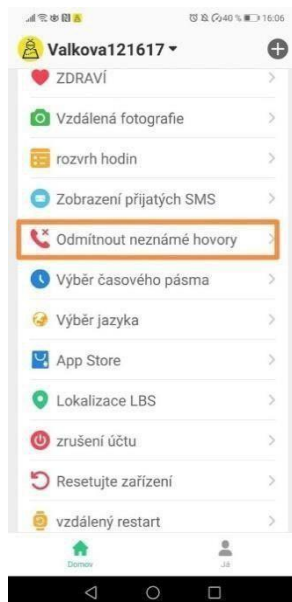
When an SOS call is made, the device automatically sends a text message to the selected phone number with information about its location and the time of the SOS call. You can also set up an SMS alert when the battery is low (below 20%).

Phone book

You can set up a phone book on your device via the app. **And watch out!** The latter can have one more very useful use. It can be used as a list of phone numbers that are the only ones that can reach the device. This means that no one will call the facility from call centers, with marketing offers, etc.



Rejecting unknown calls

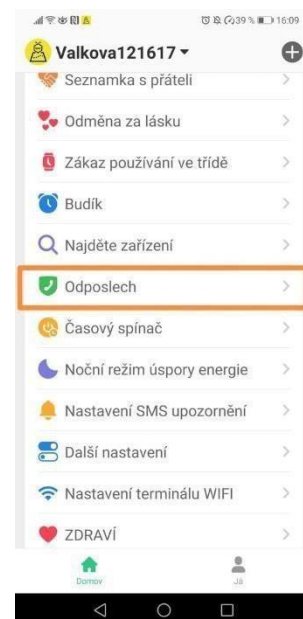


To protect device users from scammers and spam calls, you can set up rejection of unknown calls. If an unknown number calls your device (that is, it is not saved in your device's contact list), you will receive a notification in the Beesure GPS app.

You can also use the "Retrieve SMS from device" function to read the SMS received to your device in the Beesure GPS app. It is useful for receiving verification codes or other important SMS messages.

Tapping

You can use the app to call your device if the person with the wristband is not answering your call. This person is not actively answering the call/eavesdropping and is not really aware of it, and you can eavesdrop on the surroundings. That is, if you suspect that something has happened, you can find out the possible status of the person who cannot answer the call at that moment.



Safety Zone

You can set up safety zones on the map. The device automatically notifies you when a user leaves the selected safe zone.

- Open "Safety Zone" on the map.

- Click on the "+" at the bottom of the screen.
- Find the location on the map where you want to set up a safety zone and click on it.
- Enter a name for the zone and set the radius, then click "OK".

Note: Beesure GPS allows three safety zones for each device. Make sure that the safety zones do not overlap each other.

Disable features

If you don't want the device user to call numbers other than those stored in your contact list, you can turn off access to the dial pad. To save battery, you can also turn off GPS remotely. The device will only use Wi-Fi network location or inaccurate cellular network location.

Health

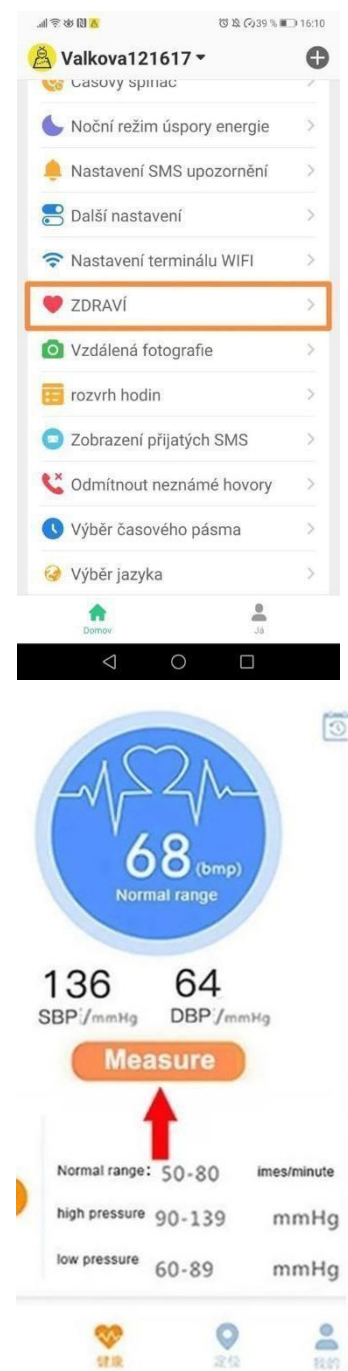
In the "Health" tab of the Beesure GPS app, you can remotely check the health of the device user. You can see real-time information about physical activity (steps, calories burned, and distance traveled). Please note that this device is not a substitute for a medical device and all measured values are for reference only.

In this part of the application you will find, for example:

- ▢ pedometer, heart rate, blood pressure, body temperature
- ▢ amount of movement, distance, sleep

Please note that the "Steps" feature must first be activated in the Beesure GPS app (click on "Health" → "Steps" → "Switch"). Without activating this feature, you won't be able to access the step count in the app or on your device. For the current calorie or distance measurement, set other information in the "Steps" menu, including weight and average stride length.

Blood Pressure/Heart Rate: Heart Rate/Blood Pressure Test Data of the Day or History can be viewed in this interface. Heart Rate/Blood Pressure can be remote measured in real time by clicking on the measure icon (see photo below), you can also short press the power button 3 times to measure the heart rate/blood pressure/SPO2 from the bracelet, the data will show in the app accordingly.



Fall Alert

The device automatically detects movements that look like the device user is falling. Along with an audible alert, the device asks if the user has fallen or not. If the user doesn't answer within five seconds, the device automatically initiates an SOS call and sends an alert to the app Beesure GPS. You can set what kinds of notifications you want to receive in the app. The fall detection sensitivity can also be set in the app. **Medication reminders**

You can set a reminder with a text label and a voice memo. Device
At a set time, it will automatically play a voice memo to remind the user to take their medication (or you can remind the device user of any other activity). Reminders can be set to run once or repeatedly.

Find the device

When the device is not nearby, click the Find Device button in the app, and the device will ring for 1 minute. Press any key to stop ringing.

Additional Features

Night-time energy saving

If you know that the user does not wear the device while sleeping, you can set the automatic power saving to nighttime.

Wi-Fi Settings

To save battery and data consumption, you can manually set up a Wi-Fi connection for networks where the device user frequently spends time, in the same way you would on your smartphone. This device also automatically uses all Wi-Fi networks to determine its location (it uses all available Wi-Fi networks, not just the ones you set up in "Wi-Fi Tracking Settings").

FAQ – Frequently Asked Questions

The battery consumption of the device is too high. How can I extend the life of my device?

Battery consumption is mostly determined by location services. If your device's battery dies sooner than you want, try a longer location update frequency. We recommend a longer period to save battery life, as you can always manually check the location in the Beesure GPS app, and other services work without restrictions (such as safety zones, etc.). Battery consumption is also reduced by Wi-Fi instead of mobile data usage when using the device. Set up a Wi-Fi connection in the Beesure GPS app or directly in the device menu.

The device is offline in the Beesure GPS app.

The lack of connection between the device and the Beesure GPS app can be caused by various difficulties. Please check that your device meets the following criteria:

- Your device's battery is charged.
- The SIM PIN code is disabled.
- The SIM card has an active data plan or enough money for ongoing data.

Location services are very inaccurate.

The accuracy of your device's location services depends on the method currently in use. It is determined by the following factors.

When you're outdoors, the device primarily uses GPS, which is affected by the surrounding environment. GPS has a weaker signal near tall buildings, trees, etc. If GPS is not available or is not yet loaded, the device will use LBS to determine the location from the cellular network. This is dependent on the density of the signal tower network. You can turn off LBS localization in the Beesure GPS app to maintain only the more accurate GPS location.

GPS is not available indoors. The device primarily uses the LBS position, which is very inaccurate. The location can be updated when the device connects to nearby WiFi. If you want a more accurate location service, turn off LBS location in Beesure GPS. The device will show you the WiFi location and, if WiFi is not available, show the last update of the outdoor GPS position.

Warranty Terms and Conditions

A new product purchased at a retail bodyid.com is covered by a 2-year warranty. If Need repair or other services during the warranty period, please contact us.

A conflict with the warranty conditions, for which a claim may not be accepted, is considered to be:

- Using the product for a purpose other than that for which the product is intended, or failure to follow the instructions for the maintenance, operation, and service of the product.
- Damage to the product caused by a natural disaster, the intervention of an unauthorized person or mechanically through the fault of the buyer (e.g. during transport, cleaning with inappropriate means, etc.).
- Natural wear and age of consumables or components during use (such as batteries, etc.).
- Exposure to adverse external influences such as sunlight and other radiation or electromagnetic fields, ingress of liquids, intrusion of objects, power surges in the mains, voltage electrostatic discharge (including lightning), faulty supply or input voltage and inappropriate polarity of this voltage, chemical processes such as used power supplies, etc.
- If someone has made modifications, alterations, design changes, or customizations to change or extend the functionality of the product from the purchased design or use non- original components.

EU Declaration of Conformity

Identification data of the authorised representative of the manufacturer/importer:

Importer: Tomáš Obr (Bodyid.com)

Registered office: Přecechcechova 2500/36, Stodůlky, 155 00 Prague. ID: 68291132

Subject of the declaration:

Name: GPS Tracker

Model / Type: XS ONE

The above product has been tested in accordance with the standard(s) used to demonstrate compliance with the essential requirements set out in the Directive(s):

Directive 2014/53/EU

Directive 2011/65/EU as amended by 2015/863/EU

Prague, 15.7.2026



This product must not be disposed of as general household waste in accordance with the EU Waste Electrical and Electronic Equipment Directive (WEEE – 2012/19/EU). Instead, it must be returned to the place of purchase or handed over to a public collection point for recyclable waste. By ensuring this product is disposed of correctly, you will help prevent potential negative consequences for the environment and human health, which could otherwise be caused by inappropriate waste management of this product. For more information, please contact your local authority or your nearest collection point. Improper disposal of this type of waste can result in fines in accordance with national regulations.